

QFP 2024 At a Glance

A summary of Providing Quality Family Planning (QFP) Services in the United States: Recommendations of the U.S. Office of Population Affairs (Revised 2024)

What is QFP?

Sexual and reproductive health (SRH) is a key aspect of people's overall health and quality of life. QFP 2024 outlines how to provide people with high-quality, person-centered, equitable, and inclusive SRH services.

QFP 2024 is guided by a health equity framework that supports all people in meeting their SRH needs and goals, regardless of gender identity, sexual orientation, age, ability, race, or ethnicity. QFP 2024 is intended to set the standard of SRH care.

QFP 2024 is an update to recommendations originally published in 2014.

Who is QFP for?

QFP 2024 can be used by providers of SRH services working in diverse clinical settings (e.g., family planning, primary care, hospitals, and those funded by Title X), as well as providers working in other settings that may identify SRH needs and make referrals.

Learn more and find supportive resources to help you implement QFP at www.QFPguide.org

What topics does QFP cover?



Fundamentals of SRH Care Delivery
Guiding principles and approaches



Determining an Individual's Need and Desire for Services
Sexual history taking, screening for reproductive desires and related care



Person-Centered Contraceptive Care Delivery
Steps for contraceptive care delivery, strategies to increase access to contraceptive services



STI and HIV Services
Risk assessment, prevention, screening, and treatment



Family Building
Healthy pregnancy promotion and basic infertility services



Pregnancy Testing and Counseling
Pregnancy testing, options counseling and referral



Early Pregnancy Management
Prenatal counseling and care, early pregnancy loss, abortion, and supporting self-managed care



Screening and Other Preventive Health Care Services
Immunizations, perimenopause, mental health, alcohol and other substance use, sexual violence and intimate partner violence, human trafficking



Using Performance Measures to Track and Improve Quality of Care
Selecting measures and using data to improve quality of services

QFP 2024: What's new and different?

A vision for quality SRH care that...

- Emphasizes person-centeredness and equity
- Prioritizes the needs of people who experience SRH inequities
- Recognizes that people of all genders need and access SRH care
- Draws upon the input of people with lived experience in addition to published research, professional guidelines, and expert opinion
- Considers the range of provider specialties and settings providing SRH care and acknowledges care outside the formal health care system, including patient-led and self-care options

Six guiding principles for SRH care and a strong endorsement for...

- Screening for reproductive desires, rather than using a reproductive life plan framework
- Centering the patients' needs and preferences in contraceptive counseling and care
- The offer of primary care services for all individuals (when feasible), regardless of pregnancy capacity or intention, in line with the SRH equity framework
- Shared decision making, person-centered counseling, informed consent, guaranteed privacy and confidentiality



A broader range of recommended SRH services including new content and resources on...

- Early pregnancy management (prenatal care, pregnancy loss, abortion, post-abortion care)
- Family building (pre-pregnancy care, basic fertility services)
- Prevention services (mental health, healthy weight, perimenopausal care, human trafficking)

Technological advancements related to...

- Contraceptive methods and access, such as OTC contraception and telehealth
- Newer STI and HIV prevention, such as express services, self-testing, and PrEP and PEP